

The Spirituality of the Mentor (1)

Paul Wilcox

The Mentoring Network

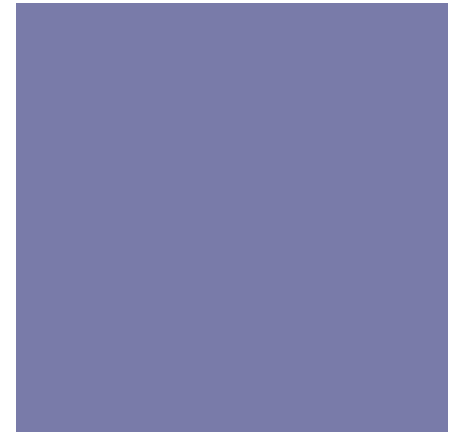
+ Aims





The cycle of grief

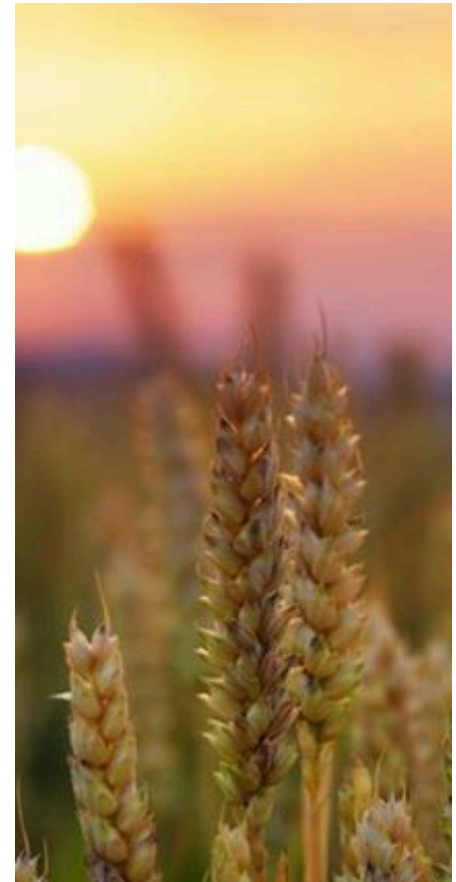
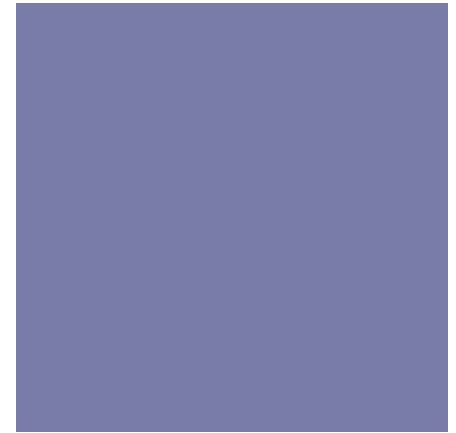
1. Achievement (Activity)
2. Identity
3. Drivenness
4. Acceptance



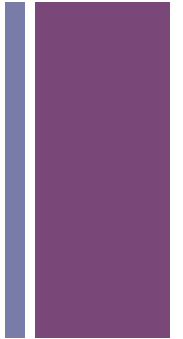


The cycle of grace

1. Acceptance. Ephesians 2:4-5
2. Sustenance. Ephesians 2:7
3. Identity. Ephesians 2:6
4. Achievement (service). Ephesians 2:10



+ Spiritual Leadership



- Definitions:

- Leadership
- Management
- Spiritual

- Why do we need spiritual leaders?

- Historical baggage

Qualities and Benefits

- Incarnational
- Authentic
- + ▪Reliable
- Sensitivity
- Discernment

What other qualities do you look for?



+ 2 Peter 1:1-11

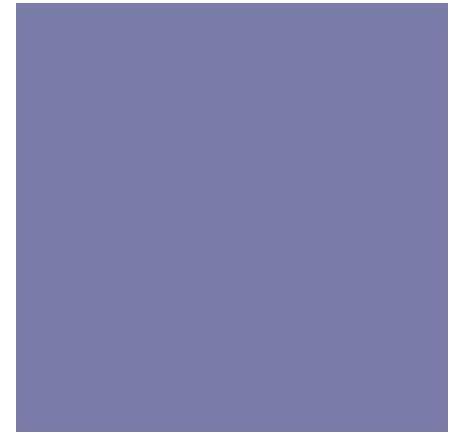
Mutual affection. Love. Godliness. Knowledge. Faith. Self-control.
Endurance.

Which single quality might God most like to work on in your life?



Levels of spirituality

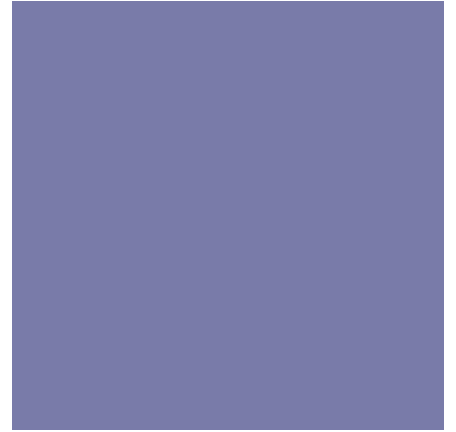
1. The spiritual realm that transcends the physical
2. The spiritual dimension centered in the soul
3. A deity exists who connects with us spiritually
4. We define who the deity is and how the deity wants to connect with us



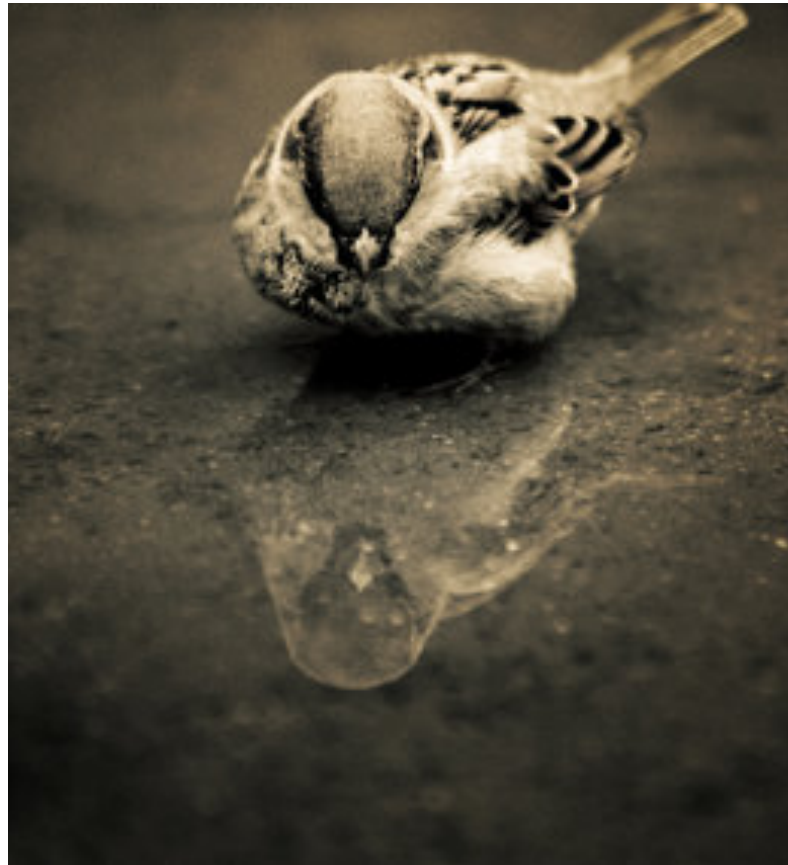


Characteristics of a Spiritual Person

- Sacrificial
- Follower
- Insight
- Energy
- Integrity

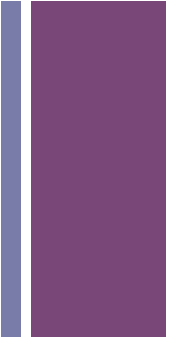


+ Developing self-awareness





Inner Life of the Spiritual Leader



- Self-image
- Ego
- Prayer life
- Temptation
- Limiting beliefs
- Community
- Personal devotion



+ Know yourself

Know your limitations

Know how you deal
with disappointment



Going for growth

Spiritual disciplines

Repairing the past

Being quick to forgive and ask
for forgiveness

+

Practicing gratitude

Surrounding ourselves with
good friends

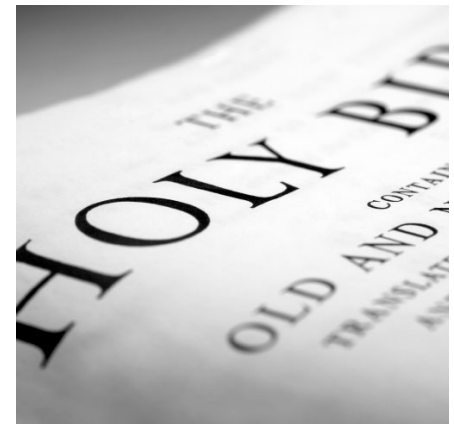
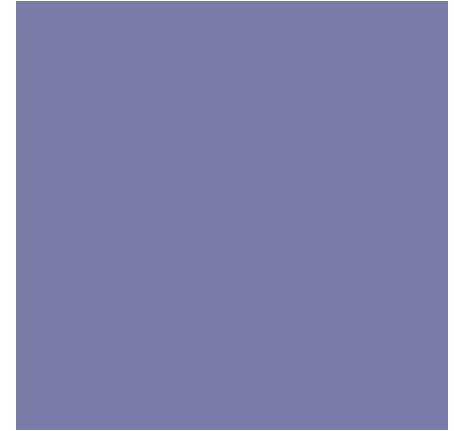
Learning to listen to God



Going for Growth

John 15:1-17

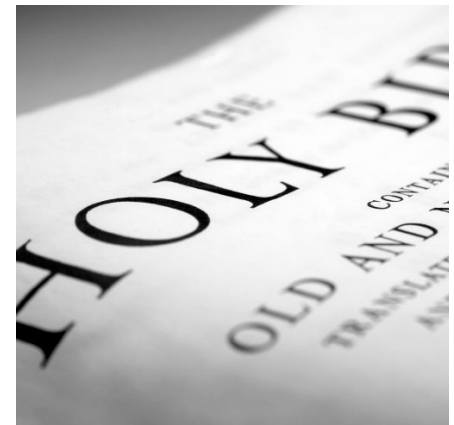
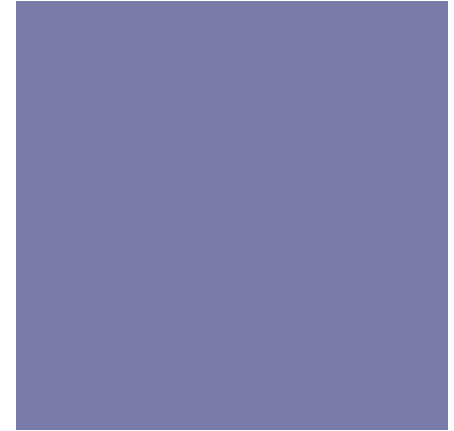
- What does it mean to bear fruit that will last?
- According to this passage what is the only way in which we can do that?
- How do we 'remain in Christ'?



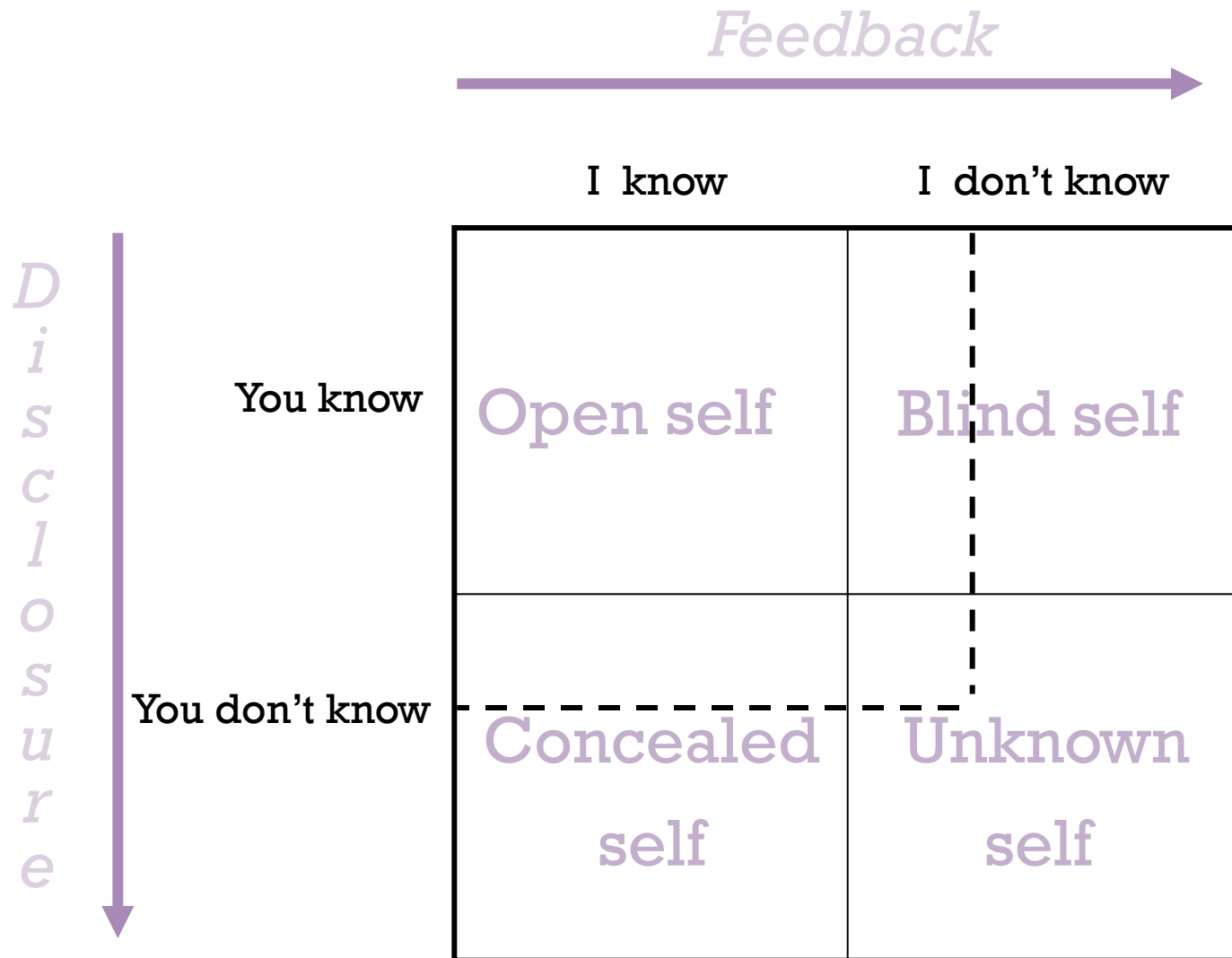


Outward Life of the Spiritual Leader

- Attitude
- Stress management
- Perspective
- Time management
- Abuse of power
- Attitude to change
- Vulnerability
- Teamwork
- Handling conflict
- Response to criticism



+ Johari window



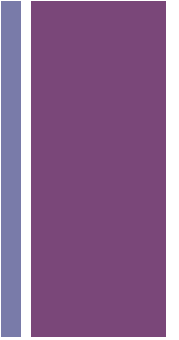


Soul Nurturing



- How do you ensure that your own soul is being nurtured?
- How do you build a culture where the souls of others (your followers) are being nurtured?
- How do you develop 'good soil' in your family, friendship group, church, place of work?
- How do you respond to failure in yourself/others?

+ Bibliography



Spirituality and Leadership – Alan E Nelson

The Contemplative Pastor – Eugene H Peterson