

Using the Bible and prayer in mentoring

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# + Aims

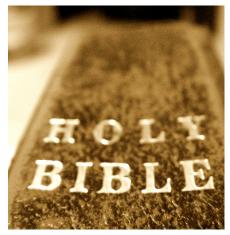




### Using the Bible

- •It is our prime mentoring resource
- It has a very important place in authentic spirituality
- •There is power in the very words of scripture
- •We need to know it and apply it!
- •It needs to get under our skin



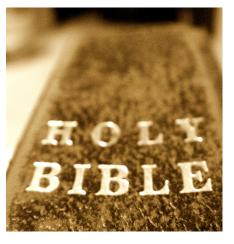




### 2 Timothy 3:16-17 (The Message)

'Every part of scripture is God-breathed and useful one way or another – showing us truth, exposing our rebellion, correcting our mistakes, training us to live God's way. Through the Word we are put together and shaped up for the tasks God has for us.'

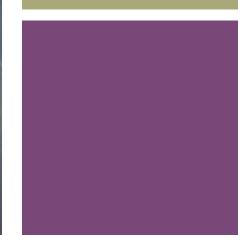












### <sup>+</sup> Questions

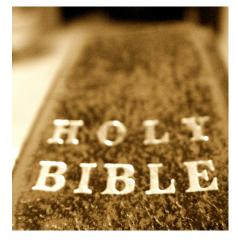
- In what ways can you identify with Peterson's search for an authentic spirituality?
- 2. How has the NT had all the hallmarks of the 'real thing' for you?



### Skills in using the Bible

- •Work on the basis that the Bible is the final authority in all matters of faith.
- •We need a 'working knowledge' of the Bible ie how/where to find a particular references
- •Formal/informal training
- •Take responsibility for our own spiritual education and learning.



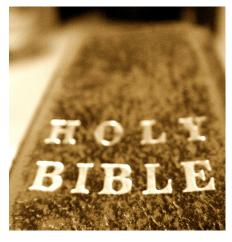




Help mentees to take the Bible seriously James 1:23-25 (NIV)

'Anyone who listens to the word but does not do what it says is like a man who looks at himself, goes away and immediately forgets what he looks like. But the man who looks intently into the perfect law that gives freedom, and continues to do this, not forgetting what he has heard, but doing it – he will be blessed in what he does.'







- We need to not only *know* what the Bible says, but encourage our mentees to *put it into practice*.
- Scripture must be believed as important and relevant for our lives
- God's word must become part of the way we thing if it is going to direct us
- Ask intentional questions around the difference that certain verses would make if applied directly to our lives

# Reflect on how willingly you allow others to apply the following 'one another' passages to your life...

Passages	not at all	a little	much	very much
Carry your burdens (Gals 6:1-2)				
Build you up in Christ (I Thess 5:11)				
Protect you from sin (Hebs 3:12-14)				
Listen to your confession and pray for you (James 5:16)				
Love you (John 13:34-35)				



#### Reflection Questions

- 1. Can you think why you placed ticks in the left-hand column?
- 2. Who could help you in this?
- 3. Ask yourself, 'If I really took this seriously, in what ways would I be different? What relationships and situations would be affected? In what ways?'
- 4. Apply the same principles to Philippians 4:6-7



### Prayer in Mentoring

- It is crucial
- Personal prayer life
- Prayer ministry
- Prayer support
- Communicating need
- Role of intercessors
- Sharing answered prayer
- No gap between the sacred and the secular – prayer is lifestyle!



<sup>+</sup> Ways forward in prayer



### **Action Plan**

Based on the teaching this week, why not develop an intentional approach to prayer, draw up an action plan to help you, and ask a mentor to encourage you and keep you accountable to it?









## Bibliography

- Walking with God John Eldredge
- God on Mute Pete Greig